



My Personal, Social, Health & Emotional Development

To understand who we are and appreciate how we connect with others

Intent – Our Aims

- I develop my personal, social and emotional skills.
- I am happy, comfortable, regulated and ready to engage with learning.
- I have a voice in the academy and play a positive role in contributing to the life of the academy and the wider community.
- I understand right from wrong and understand consequences
- I receive practical and enriching opportunities to enhance my learning.

Implementation – How am I taught to develop my personal, social & emotional skills?

- Personalised Relationships and Health Education.
- Weekly PE activities promote a healthy lifestyle (physical abilities and independence)
- Teaching as appropriate for me through explicit lessons, cross-curricular activities, continuous provision, daily routines, 1:1 and small group work, whole school immersive themed events, assemblies, class assemblies, class discussions, external provider visits and trips within the community.
- Daily routines that embed the learning and development of my independence, personal care, including, teeth cleaning and eating.
- Activities to promote my personal safety and my voice with all children being actively involved in whole school decision making through the School Council.
- I am given unbiased information that informs my life choices and enables me to make choices that lead to personal fulfilment.
- I have access to external agencies such as Speech & Language therapists as required.
- Repetition is key for me to practise and embed my new skills.

Impact – How I benefit from developing my personal, social & emotional skills?

- I will be prepared to become a contributing member of society.
- I am healthy and can demonstrate an improved understanding of my world and myself.
- I am able to make choices and express my opinions, wants and needs.
- I develop my independence enabling me to take care of my personal needs and choices.

- I develop my resilience, mental and spiritual wellbeing, my ability to communicate my views, feelings, and I am sensitive to the feelings of others enabling me to build positive relationships.
- I will understand the importance of family life, friendships, stable relationships, respect, love and care.
- I will have an understanding of how citizens can influence decision-making through the democratic process.
- I will appreciate that living under the rule protects individuals and is essential for their wellbeing and safety.
- I will develop my physical fitness, agility, flexibility, strength and fine and gross motor skills through PE.
- I am encouraged to have an ethos of mutual respect, listening to others, respecting their opinions and understanding societies rules and consequences.
- My achievements are celebrated in class, whole school assemblies and through the weekly newsletter.